



An invitation to

THE  
MARRIAGE  
PREPARATION  
COURSE

Developing strong foundations for a lasting marriage

### When & Where

The course will run at Tonbridge Baptist Church over five Monday evenings, starting January 19th 2009 at 8pm

Cost £20 per couple, including course books

Contact Paul or Astrid Vaswani or the church office on  
01732 352824  
[marriageprep@tbc-online.org.uk](mailto:marriageprep@tbc-online.org.uk)



**The Marriage Preparation Course Administrator**  
Tonbridge Baptist Church  
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Tonbridge  
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# THE MARRIAGE PREPARATION COURSE

## Developing strong foundations for a lasting marriage

### What is the Marriage Preparation Course?

The Marriage Preparation Course is for any engaged couple who want to develop strong foundations for a lasting marriage.

Over five evenings spent together you will learn important tools that will enable you to make your marriage work.

You will look at:

- How to recognise and appreciate your differences
- The art of communication
- The importance of commitment
- Resolving conflict
- Spending time together
- Nurturing your friendship
- Making each other feel loved
- Developing a good sexual relationship
- The importance of talking about your goals, values and dreams.

### What's involved?

The evenings are very relaxed. There are short talks interspersed with exercises and questions for you to discuss together as a couple. While you chat together privately we will serve you with drinks and desserts, so leave some room!

During the course you and your fiancé(e) will be asked to fill in a questionnaire which is confidential and designed to help you learn more about yourselves and your relationship. You will then be given the opportunity to discuss the results with a support couple if you wish.

### Who is it for?

It is for any engaged couple who want to have the best possible start to their marriage. The course, while based on Christian principles, is very helpful and relevant for any couple with or without a Christian faith or church background.

## Registration Form

Please fill in this form and send it (with your payment—cheques payable to "Tonbridge Baptist Church") to the address overleaf to let us know you are coming

Title \_\_\_\_\_ First Name \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Daytime telephone \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_

Do you belong to a church? Yes / No \_\_\_\_\_

If yes, please state which church \_\_\_\_\_

Date of wedding (if known) \_\_\_\_\_

Title \_\_\_\_\_ First Name \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Daytime telephone \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_

Do you belong to a church? Yes / No \_\_\_\_\_

If yes, please state which church \_\_\_\_\_

Payment enclosed [ ] Bursary required [ ]